

2024-2025 ANNUAL REPORT



Jeffery Hale
Saint Brigid's

Fondation des Amis
Friends' Foundation



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The Friends' Foundation

OUR STORY. OUR MISSION. OUR VISION

OUR STORY.

The Jeffery Hale-Saint Brigid's Friends' Foundation is a charitable organisation that has supported high-quality, safe, and compassionate care and services at the Jeffery Hale - Saint Brigid's for over 30 years. Established in 1991, the Foundation initially focused on supporting the Jeffery Hale Hospital, a bilingual community hospital, and has since expanded its scope to include Saint Brigid's Home. The Foundation also supports an innovative minor emergency centre, CLSC-type services, palliative care, targeted programs for immigrant populations, and a range of services designed to promote the independence of seniors residing at home. In collaboration with historical foundations serving the English-speaking community, the Friends' Foundation remains central to supporting the vibrant and responsive institution that is the Jeffery Hale-Saint Brigid's.

Since 2007, the Jeffery Hale and Saint Brigid's Home have been united under the well-recognised establishment of the Jeffery Hale-Saint Brigid's. This institution provides a comprehensive array of services in both English and French, including elder care and primary community services for individuals of all ages, with particular provisions for refugees. As of 2015, the Jeffery Hale- Saint Brigid's has been regrouped within the Centre intégré universitaire de santé et de services sociaux de la Capitale-Nationale (CIUSSS-CN) and, since 2024, Santé Québec

OUR MISSION.

Improving the lives and quality of care of the many residents and clients of the Jeffery Hale and Saint Brigid's by promoting the development of and funding linguistically appropriate high-quality health and social services, adapted to the language needs of all its residents and clientele.

OUR VISION.

Our vision is that our commitment to creating effective opportunities for generous philanthropic support from the community, helps ensure the continued success of Jeffery Hale – Saint Brigid's and its committed staff and volunteers.

Meet the Team



Mario Soucy

PRESIDENT

Retired, former Assitant Director General



Nectaria Skokos

VICE PRESIDENT

Program Coordinator for Community Development
and Vitality
Jeffery Hale Community Partners



Philippe Paquin Piché

TREASURER

Fluidity Coordinator CHU de Québec-UL



Mélie Dechamplain

ESTABLISHMENTS REPRESENTATIVE

Director of the grouped institutions Jeffery Hale -
Saint Brigid's



Dr. Guy Bolduc

DIRECTOR

Family Physician at the Centre Médicale Sillery



Alexandra Laperle

DIRECTOR

Lawyer - Chez Altalex



Lucie Desmeules

DIRECTOR

Retired, Senior Advisor - Quality of Living
Environment



Jean-Louis Coulombe

SUPPORT



Joanne King

SUPPORT



Helen Walling

SUPPORT

Message from the President

I am pleased to present the 2024-2025 highlights for Jeffery Hale – Saint-Brigid's Friends' Foundation. We are advancing our change process, implementing updates, such as our new project selection approach, and continuing our 2024-2028 strategic plan, which is set to be finalized in 2025. The strategic planning highlighted the need for greater visibility, so we enhanced communications with banners, posters, a new memorial brochure, website updates, and active Facebook presence.

We established a fundraising committee of creative Board members, launching our first fundraising campaign in Fall 2025 since COVID. These efforts are critical to funding new projects.

Thanks to the dedication of managers, staff, our Foundation team, and the board, we allocated \$206,640 for over 30 projects. Our accomplishments rely on the support from employees, community partners, The Quebec City English-speaking Community Foundation (QCESCF), Le Fonds Hélène Mercier, donors, and our entire team.

The outlook for 2025-2026 is strong, with impactful projects and promising fundraising opportunities ahead.



Mario Soucy
PRESIDENT

Thanks to the dedication of managers, staff, our Foundation team, and the board, we allocated \$206,640 for over 30 projects.

Working Together

The Friends' Foundation Board of Directors work with the support of various committees such as the finance, project and the newly created fundraising committee.

The Board of Directors oversees the committees' work, focuses on the strategic direction, and ensures that policies are implemented, such as the confidentiality policy. The Board consists of six dedicated members who convened 5 times throughout the year to conduct reviews and oversight.

The finance committee, which is responsible for overseeing financial operations, reviewing budgets, and ensuring compliance with fiscal policies, operates under the leadership of Mario Soucy and Philippe Paquin- Piché, with support from Joanne King and Jean- Louis Coulombe. This committee met 4 times.

Additionally, a project committee which was created in 2022 is composed of Lucie Desmeules and Nectaria Skokos, supported by Joanne King and Helen Walling. The committee evaluates all project applications, which are initially reviewed by Mélie Dechamplain, Director of the grouped institutions Jeffery Hale - Saint Brigid's/CIUSSS de la Capitale Nationale, and her team to ensure alignment with the objectives of the CIUSSS-CN. Each committee member conducts an individual assessment before the group convenes to hear presentations from managers or their representatives, who address questions regarding their initiatives. Following these presentations, the committee deliberates to discuss and score the projects.

When appropriate, the Foundation submits its own requests to partners, including the newly amalgamated foundation, The Quebec City English-speaking Community Foundation (QCESCF), brining together Citadel Foundation, St. Brigid's

Home Foundation (including the Saint Brigid's Guild fund), and the Jeffery Hale Foundation. Based on its evaluations, the committee makes recommendations to the Board for final approval of the projects it supports.

As of January 2025, a new committee was established to support fundraising initiatives. The committee is chaired by Nectaria Skokos, includes participation from all Board members, and is supported by Joanne King and Helen Walling, demonstrating keen engagement and commitment. This year, the committee began by defining its mandate, roles, and member responsibilities. In the short term, it has approved the launch of a giveaway at a Michelin-starred restaurant to enhance social media outreach. Additional initiatives under consideration include 50/50 draws and the potential organization of a golf tournament in 2026. The annual golf tournament has traditionally served as one of the Friends' Foundation's primary fundraising events prior to the pandemic.

Our team has been actively developing communication tools, including new banners, brochures, posters, and the finalization of our website, along with frequent updates on Facebook. We would like to extend our appreciation to Andrew Ayre from Ayre Design Graphique for his valuable support.

We have also been working at reviewing our policies such as our confidentiality policy with the support of Alexandra Laperle who assisted Joanne King in this process.

Mario Soucy and Joanne King also serve on a committee alongside the CIUSSS de la Capitale-Nationale and various foundations, participating in meetings aimed at sharing information and fostering collaboration and coordination.



2024-2025

Friends' Funding

In 2024-2025 the Friends' Foundation and its partners allocated close to \$206,640 for projects benefiting the residents and clients of Jeffery Hale-Saint Brigid's.

Jeffery Hale Establishment \$102,630

Focusing on enhancing well being for the residents and clients



LONG-TERM CARE

Enhancing comfort and support for residents with activities such as musical events, zootherapy, clown therapy, and embellishing the outside terrace for them to benefit the outdoors.



PALLIATIVE CARE

Providing compassionate end-of-life care and ensuring a comfortable environment such as soft bedding, welcome baskets with special items for them and their loved ones.



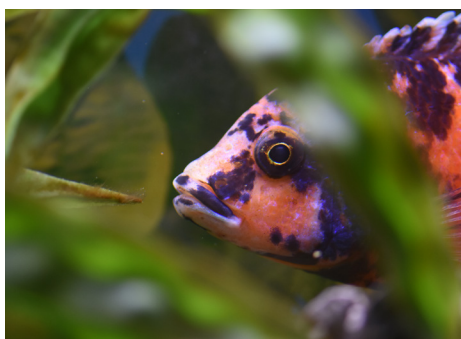
REFUGEE CLINIC

Supporting newcomers with their basic essential needs.

Saint Brigid's

Invested in enriching the living environment of the residents

\$72,800

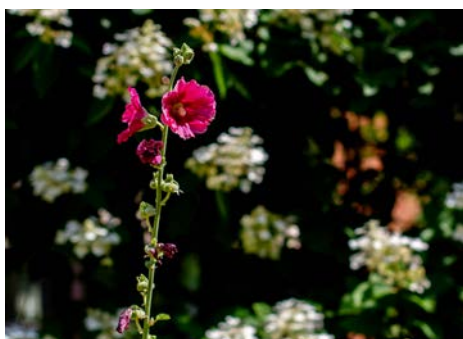


AQUARIUM MAINTENANCE

A calming visual space for residents

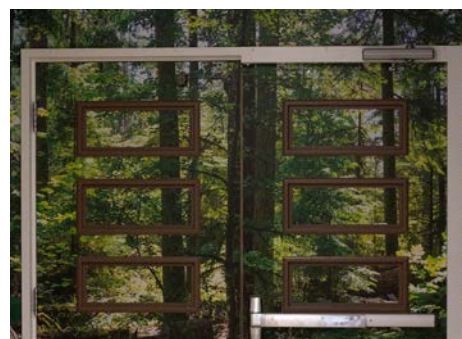
ZOOTHERAPY

Animal-assisted therapy to boost emotional well-being



GARDEN UPKEEP

Outdoor spaces for relaxation and connection



MURALS

Bright, colorful artwork to uplift and beautify the facility

Community Services in English

\$31,210



SENIOR ACTIVITIES

Social, recreational, and wellness programs



OASIS PROJECT

At-home palliative care support for families and individuals





2024-2025

Our Projects

The Friends' Foundation is pleased to announce that it has approved projects for 2024-2025, totaling \$206,640 to benefit residents, clients, and employees. A total of \$182,256 or 88.2 percent of the projects were completed with the others to be concluded in 2025.



Where we helped

- Palliative Care at Jeffery Hale
- Long Term Care at Jeffery Hale
- Long Term Care at Saint-Brigid's
- The Jeffery Hale Terrace
- Community Services in English
- The Refugee Clinic
- Supporting employees at JHSB

Palliative Care

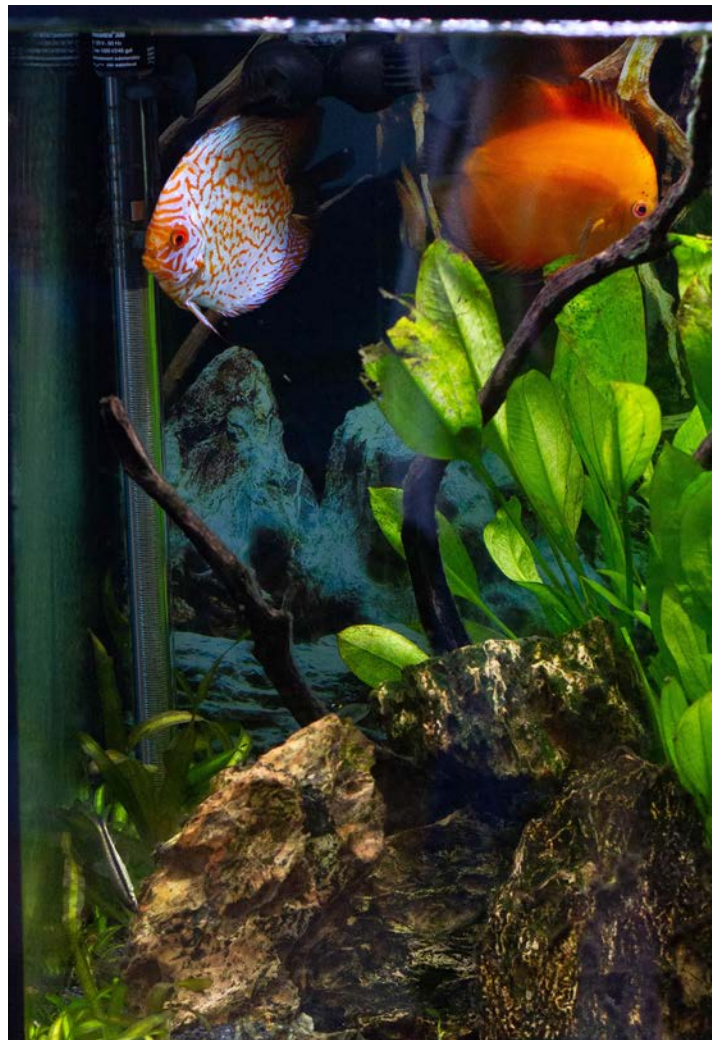
The Jeffery Hale provides palliative and end-of-life care through 15 beds dedicated to individuals aged 18 and over in the Capitale-Nationale region. These services address the physical, psychological, emotional, and spiritual needs of those in the last stage of life, supported by a specialized palliative care team.

The Friends' Foundation, in collaboration with Le Fonds Hélène Mercier and the QCESCF, is dedicated to delivering high-quality care and support to patients and their families. In 2024-2025, the palliative care unit received important funds which contributed significantly to creating a calm and comforting environment for



Le Fonds Hélène Mercier has been a longstanding supporter of these initiatives.

patients and their loved ones. Initiatives funded include upgraded bedding and room décor aimed at fostering a more home-like atmosphere. Additional ongoing services such as zootherapy, massage therapy, clown therapy, and the provision of gift baskets further enhance patient well-being. The family lounge has been equipped with a peaceful aquarium, comfortable chairs, and sofa-beds, facilitating quality time with loved ones.



The Jeffery Hale provides palliative and end-of-life care through 15 beds dedicated to individuals aged 18 and over.

The managers and their teams want to ensure that these residents have a caring and warm environment to call home.



JEFFERY HALE & SAINT-BRIGID'S

Long-Term Care

Long term care at both the Jeffery Hale and Saint Brigid's are an important focus of the Friends' Foundation and its partner the QESCF. These two institutions are the living space of close to 250 residents.



The managers and their teams want to ensure that the residents have a comfortable living environment to call home. One of the ways this was done was by both the Jeffery Hale and Saint Brigid's Home receiving funds to enhance the residents' environment. This was done by providing murals on elevators and doors to brighten the living space.



Both institutions have received funds for recurring projects. These are projects that benefit the residents in both institutions. Some of these projects include similar activities as in the palliative care unit which include massage therapy, clown therapy, and aquariums among others. Musical activities for the residents are also provided by the Friends' Foundation.

With provincial government support, residents from both the Jeffery Hale and Saint Brigid's benefited from a new project 'Bouger pour la santé de nos aînés' which was designed to help seniors exercise and enjoy activities that support their physical and mental health.



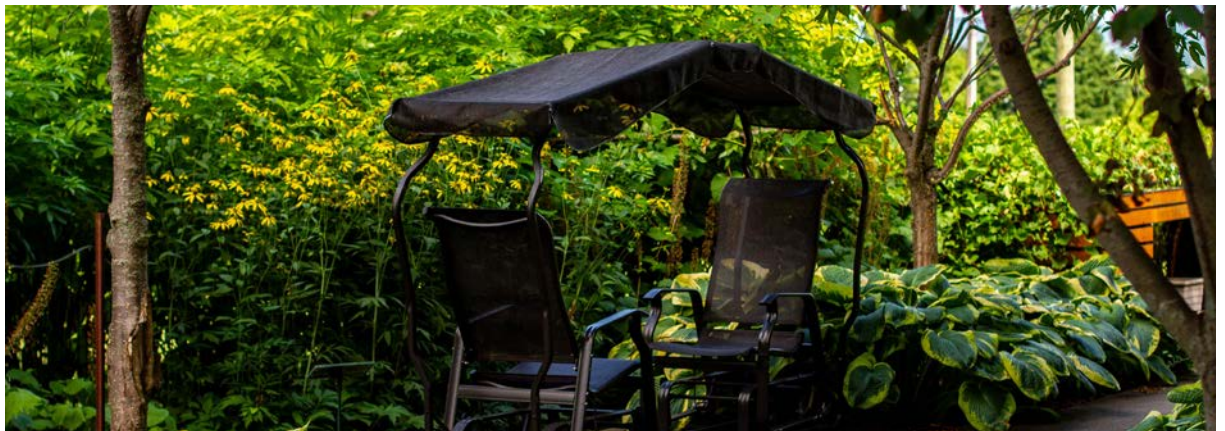
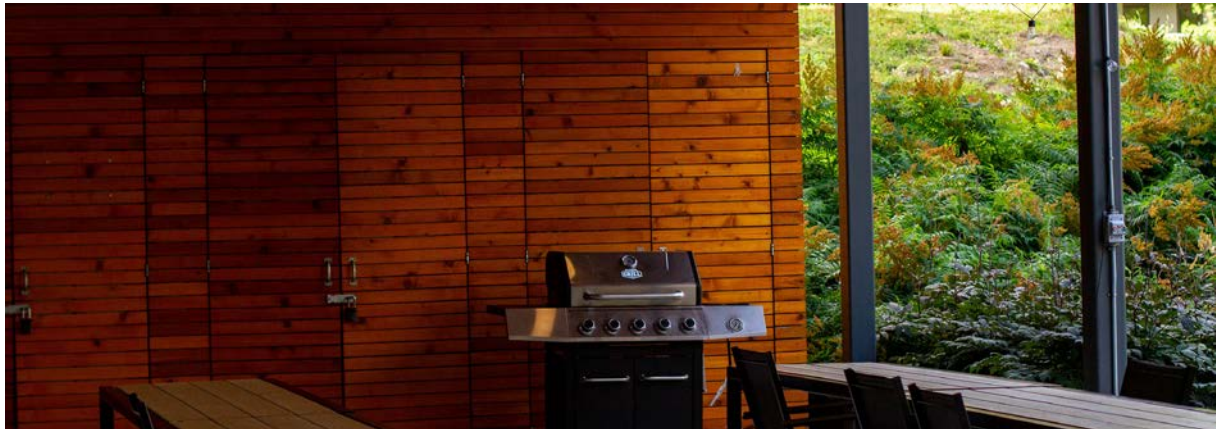
With provincial government support, residents from both the Jeffery Hale and Saint Brigid's benefited from a new project 'Bouger pour la santé de nos aînés'



Jeffery Hale Terrace

Jeffery Hale and St. Brigid's have both received funding to maintain the gardens at Saint Brigid's and the terrace at Jeffery Hale, offering attractive outdoor spaces for residents, families, and employees to enjoy.

This year, Jeffery Hale received the second round of funding in a three-year project to enhance the site. Improvements include landscaping with flowers and plants, and new equipment like tables, chairs, and swings for residents' comfort. A third phase is planned for the Jeffery Hale Terrace in 2025-2026

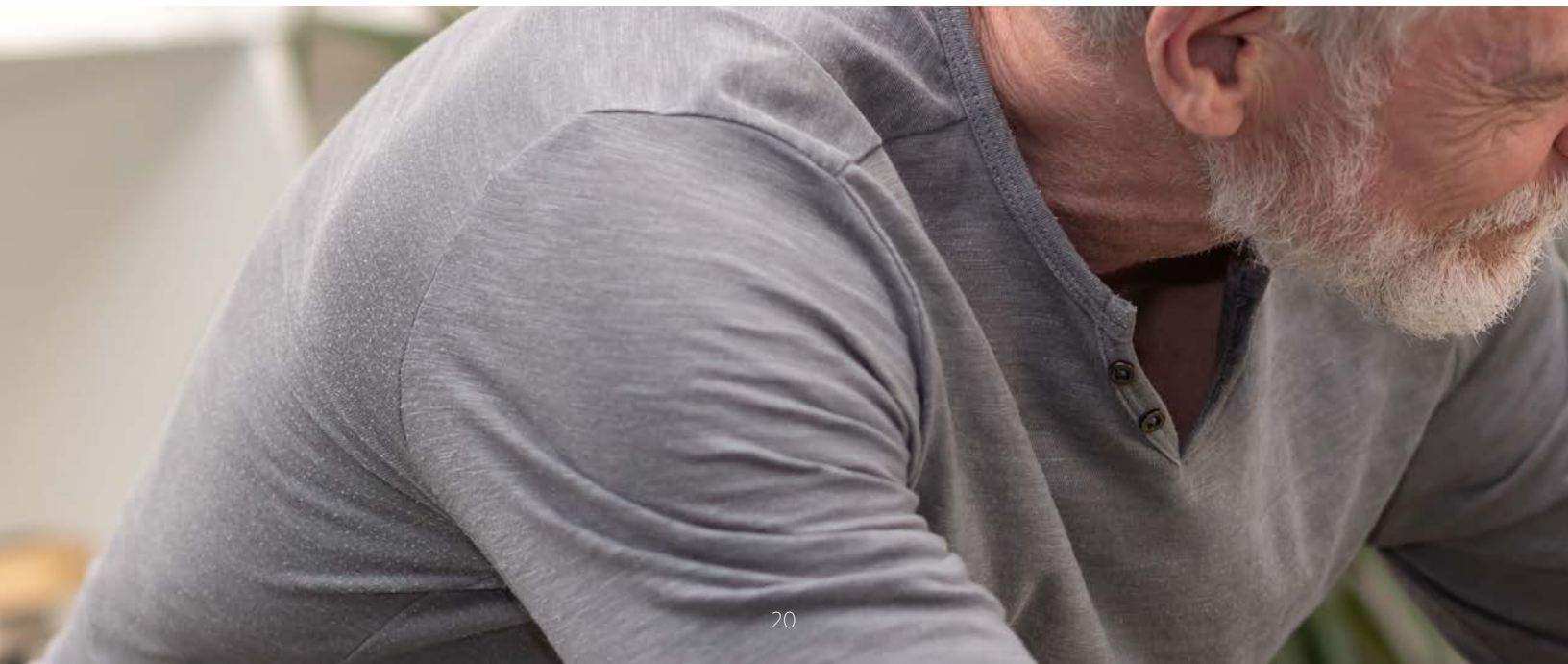




Community Services In English

The Friends' Foundation and our partner the Saint Brigid's Guild were pleased to be able to provide support to the day center, which permitted the seniors to have extra stimulating activities as well as special events such as Christmas festivities and fulfilling special wishes. These seniors participating in the Day Center, are so well cared by the team!

Jeffery Hale Community Services offers a range of CLSC-type health and social services in English for all age groups. Most of their services are free with a valid Quebec health insurance card. The goal is to provide quality services and to create programs and activities that are relevant to the English-speaking community in the Capitale-Nationale Region.



The objective of this pilot project is to provide personalized support to English-speaking individuals receiving palliative care in their home, as well as their caregivers.

YEAR TWO: OASIS PROJECT



Community services are into their second year of the Oasis project. We are proud to announce that this pilot project with the support of the Jeffery Hale Community Services has seen important developments in the last year.

The objective of this pilot project is to provide personalized support to English-speaking individuals receiving palliative care in their home, as well as their caregivers.

The project has several components, which will be activated depending on the person's situation: psychosocial support, volunteer support, referrals to community services, etc. The purpose is to support the caregivers and their loved one during these challenging times.

The OASIS project is financially supported by the Jeffery Hale-Saint Brigid's Friends' Foundation and QCESCF. It is implemented in partnership between Jeffery Hale Community Services in English (JHCS) and Jeffery Hale Community Partners (JHCP).



Refugee Clinic

AT JEFFERY HALE

The Refugee clinic, whose purpose is to assist refugees was able to offer some basic additional support thanks to the Friends' Foundation. The funds provided a quick gap support for emergency situations as they settle into the community.

The Capitale-Nationale Refugee Health Clinic provides refugees with access to healthcare and services. Here refugees can experience a sense of belonging within the health system and start strong in their new surroundings.

In accordance with MSSS (Ministère de la Santé et des Services sociaux) guidelines, the Refugee Health Clinic was created to provide health services adapted to this particularly vulnerable clientele.





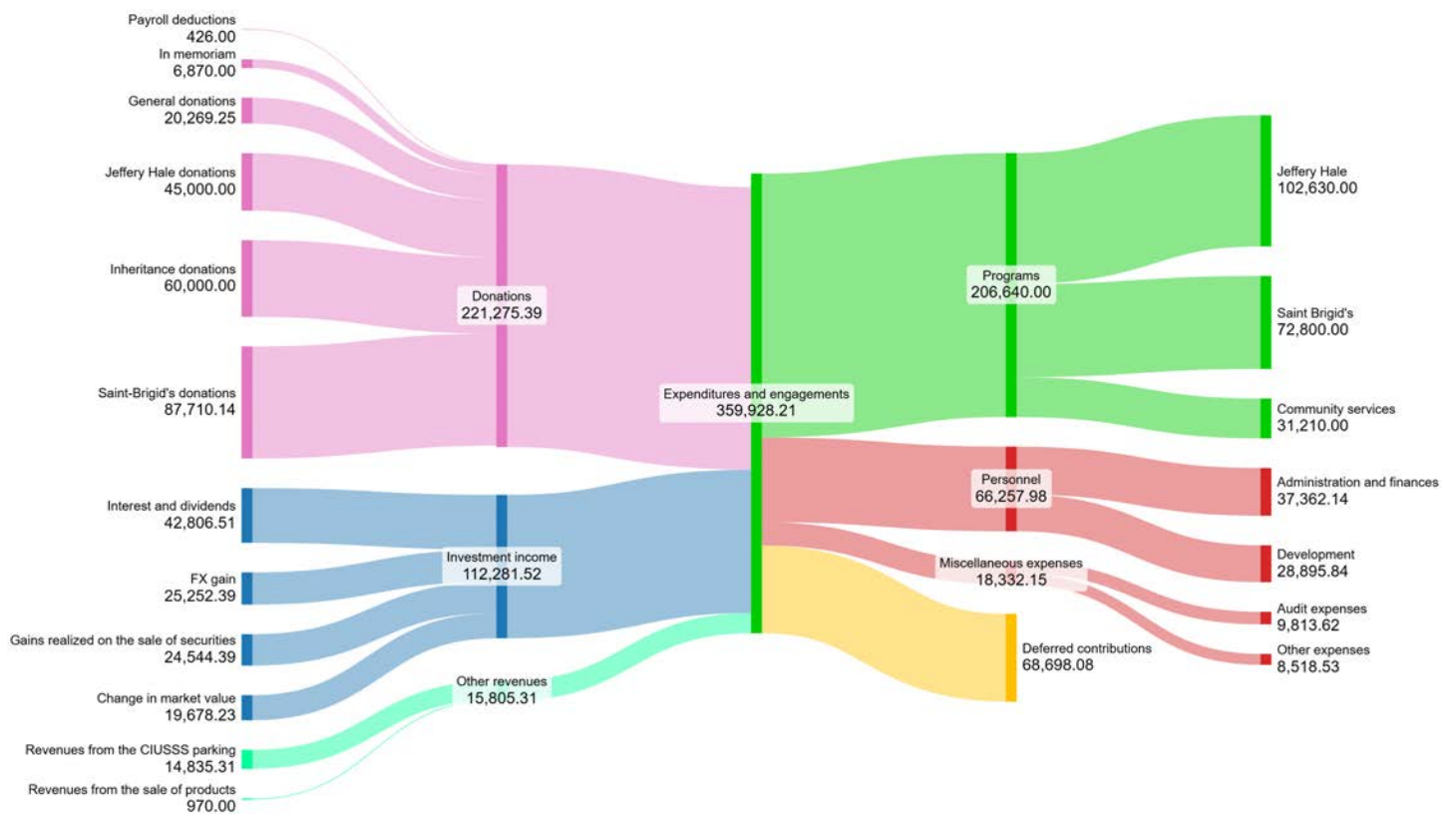
**Supporting employees
at JHSB is identified as
a priority by the Friends'
Foundation's board.**

Supporting Employees at JHSB

Supporting employees at JHSB is identified as a priority by the Board of the Friends' Foundation. The board considers staff recognition a contributing factor to the well-being of residents and clients. Annually, with support from the QCESCF Foundation, Jeffery Hale – Saint Brigid's is able offer a variety of staff recognition activities to its over 700 employees. Managers and their teams determine how these funds are used. Feedback indicates that staff have responded positively to this approach. Managers are acknowledged for organizing these events.



Financial Overview





Thank you to our Partners

The Quebec City English-Speaking
Community



**Les Fonds
Hélène Mercier**



**Centre intégré
universitaire de santé
et de services sociaux
de la Capitale-Nationale**

Québec 

Québec 



Jeffery Hale
Saint Brigid's

Fondation des Amis
Friends' Foundation

amisdujhsb.ca



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