

The background of the entire page is a photograph of pink flowers, likely Salvia, with green foliage. The flowers are in sharp focus in the foreground and slightly blurred in the background, creating a sense of depth.

2025 - 2026 ANNUAL REPORT



Jeffery Hale
Saint Brigid's

Fondation des Amis
Friends' Foundation

The Jeffery Hale – Saint Brigid's Friends' Foundation wishes
to acknowledge the passing of Gail Quinn in 2026.
Gail was a long time coordinator at the Friends' Foundation
and her work touched the lives of everyone who passed
through our doors.

She will be dearly missed.

OUR STORY

Established in 1991, the Jeffery Hale – Saint Brigid's Friends' Foundation has supported the residents, clientele and employees at Jeffery Hale – Saint Brigid's (JHSB) establishments for over 30 years.

The Foundation was initially formed to support the Jeffery Hale Hospital, which, at the time, was the only hospital offering services in both French and English in Quebec City. The Foundation has expanded its scope to include Saint Brigid's Home when the two entities merged in 2007. Supporting JHSB programs like the innovative minor emergency clinic, CLSC-type services, palliative care and refugee services, the Foundation has become an integral member of the vibrant JHSB community.

Mission

To financially support the Jeffery Hale – Saint Brigid's in its objective of offering linguistically appropriate, quality health and social services adapted to the language needs of all its residents and clientele.

Vision

Our commitment to creating effective opportunities, through generous philanthropic support from the community, and to ensure the continued success of Jeffery Hale – Saint Brigid's and its committed staff and volunteers.





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MESSAGE FROM THE PRESIDENT

When reflecting on 2025, I'm filled with hope and optimism. We've grown quite a bit over the past few years and I'm excited to see this growth carry on. Our Foundation continues to support the staff, patients, and residents of Jeffery Hale – Saint Brigid's (JHSB), as we always have. And I am proud, as I always am, of each and every dollar we allocate to ensuring our people feel safe, happy, and cared for.

This year, thanks to our incredible partners at the Quebec City English-speaking Community Foundation (QCESCF), the Saint Brigid's Guild, and the Hélène Mercier Fund, we allocated \$236,770 to projects and services at JHSB. Our project committee received applications for funding from managers throughout JHSB and met with applicants to ask questions and learn more about each project. Staying connected with our people is vital to providing the support they need, and I'm proud to say that we funded nearly every project or service we received an application for.

This year, we began work on a project I'm particularly proud of: a commemorative display honouring Jeffery Hale and the impact he had on our community. Thanks to our partners at the QCESCF, we performed a feasibility study for a six-panel exhibit to be installed at the Jeffery Hale Terrace next year. The panels will educate visitors on the foundational philanthropic work that Jeffery Hale undertook throughout his life. Hundreds of people pass through Jeffery Hale establishments every day and I'm grateful for the opportunity to shine a light on the man behind the name.

I'm also happy to report that we've made great strides in recognizing our donors and partners this year as well. Our Vice-President Nectaria Skokos organized a donor appreciation evening at the Arsenal Distillerie, which served as a wonderful opportunity to connect with friends and partners and recognize their contributions to our work. We're hoping to host more gatherings like this in the future as we continue to foster new partnerships in our community, so stay tuned!

And as we grow as an organization, we are continuously adding new tools and resources to help us serve the community. We've recently acquired an office near the radiology department at the Jeffery Hale – Saint Brigid's Hospital, which should serve as a much-needed base of operations going forward. We also began a successful 50/50 raffle campaign that saw close to 300 participants and generated almost \$10,000 in revenue.

I can't wait to see what the future has in store for the Jeffery Hale – Saint Brigid's Friends' Foundation and I'm looking forward to updating you again next year!

A handwritten signature in black ink that reads "Mario Soucy". The signature is fluid and cursive, with a large, stylized 'M' and 'S'.

Mario Soucy
President Jeffery Hale – Saint Brigid's Friends' Foundation

OUR TEAM

2025-2026 BOARD OF DIRECTORS



Mario Soucy
President



Nectaria Skokos
Vice-President



Philippe Paquin-Piché
Treasurer



Mélie Dechamplain
Establishments Representative



Dr. Guy Bolduc



Lucie Desmeules



Alexandra Laperie

2025-2026 SUPPORT STAFF



Joanne King



Helen Walling



Jean-Louis Coulombe

OUR COMMITTEES

FINANCE

Mario Soucy | CHAIR
Philippe Paquin-Piché
Jean-Louis Coulombe
Joanne King

PROJECT

Lucie Desmeules | CHAIR
Nectaria Skokos
Joanne King
Helen Walling

FUNDRAISING

Nectaria Skokos | CHAIR
Mario Soucy
Philippe Paquin-Piché
Mélie Dechamplain
Dr. Guy Bolduc

Lucie Desmeules
Alexandra Laperle
Joanne King
Helen Walling

JEFFERY HALE COMMEMORATIVE PROJECT

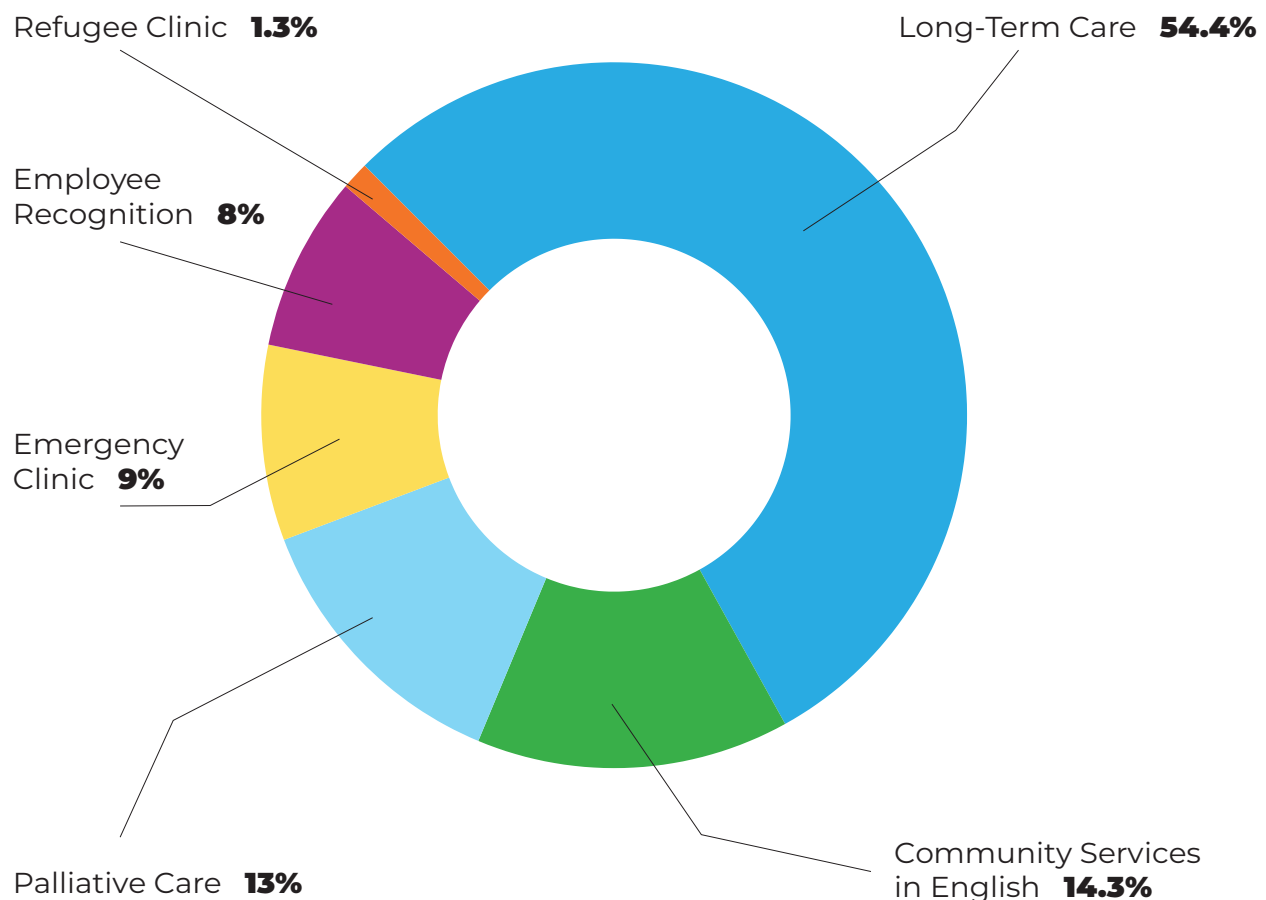
Michael Boden
Louis Hanrahan
Richard Walling
Patrick Donavan

Mélie Dechamplain
Sabrina Girard
Julie Voyer
Helen Walling

FUNDING & ALLOCATIONS

In 2025-2026 the Friends' Foundation proudly allocated \$236,770 in support of the residents, clients, and employees of Jeffery Hale – Saint Brigid's.

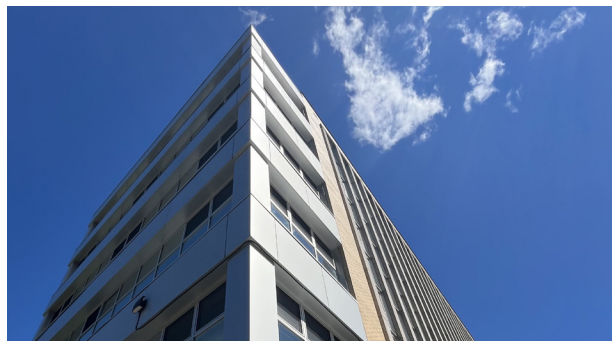
Long-term Care	\$ 128,920
Community Services in English	\$ 33,950
Palliative Care	\$ 30,700
Minor Emergency Clinic	\$ 21,200
Employee Recognition	\$ 19,000
Refugee Clinic	\$ 3,000
Total	\$ 236,770



OUR PROJECTS

Every year, Jeffery Hale – Saint Brigid’s managers request funding for projects and initiatives. From long-term care to employee recognition, the Friends’ Foundation is proud to continue supporting the residents, clients, and employees of JHSB. Their dedication ensures that essential resources and programs remain available, enriching the lives of everyone involved.

Through generous donations and community partnerships, the Foundation is able to make a significant impact, fostering a nurturing environment where compassion and quality care are at the forefront. Whether it’s enhancing facilities or organizing special events that bring joy to residents, each initiative is a testament to the commitment of JHSB to its community.



LONG-TERM CARE AT THE JEFFERY HALE HOSPITAL



SOMETIMES IT DOESN'T TAKE MUCH TO FEEL AT HOME, AND OVER TIME, THE LITTLE GESTURES CAN ADD UP TO A LARGE IMPACT ON THE LIFE OF A RESIDENT.

The historic Jeffery Hale Hospital houses 98 long-term care residents. Whether their visit is short or long, the Friends' Foundation strives to ensure that their stay is comfortable by funding services that go above and beyond those usually offered by the health-care system.

A long-term care home can feel cold and clinical to many people, especially new residents. The projects and services that the Friends' Foundation support all aim to reduce stress and foster a warm, welcoming atmosphere. While they may no longer live in their house or apartment, the Friends' Foundation wants to make them feel like they still have a home.

The Little Things

Sometimes it doesn't take much to feel at home, and over time, the little gestures can add up to a large impact on the life of a resident. The Friends' Foundation makes it a priority to welcome each resident with a small gift and provides them with calendars designed to be readable and accessible to people with limited vision or cognitive difficulties. The Friends' Foundation also provides residents with access to a streaming service, ensuring that they can always relax and watch their favourite films and programs.

One of the Friends' Foundation's most beloved projects is the installation and continued

maintenance of aquariums in common areas. For years now, residents have been able to watch the fish swim back and forth, getting lost in the gentle movements and forgetting their worries for a little while. Studies show that watching fish in an aquarium reduces stress and promotes relaxation in seniors, making these aquariums a vital part of the warm and welcoming atmosphere at the Jeffery Hale Hospital.

Well-being

Another way the Friends' Foundation contributes to the health and well-being of residents is through a variety of therapeutic programs. Residents can enjoy a massage to relieve their aches and pains. They can also enjoy performances by visiting musicians, which studies show helps reduce anxiety, eases depression, and can even unlock long-term memories for residents with dementia.

Residents are also regularly visited by fun guests courtesy of the Friends' Foundation. Specialized therapeutic clowns pop in regularly to brighten the days of both staff and residents, giving everyone the opportunity to laugh, socialize, and be themselves. Friendly dogs also make appearances, offering residents the unconditional love and affection only a beloved pet can provide.

And while making residents feel at home is a clear priority, the Friends' Foundation also helps maintain the facilities and provide resources where they are needed. This past year, the Friends' Foundation replaced an activity table, purchased easels for spiritual health workshops, and in partnership with the Quebec City English-speaking Community Foundation (QCESCF), helped improve the hospital's prosthetic unit for dementia patients.

Thanks to generous contributions from the QCESCF, the Friends' Foundation was also able to fund the continued maintenance of the beautiful Jeffery Hale Terrace, where residents, staff, and guests can relax and enjoy the outdoors.



THE PROJECTS AND SERVICES THAT THE FRIENDS' FOUNDATION SUPPORT ALL AIM TO REDUCE STRESS AND FOSTER A WARM, WELCOMING ATMOSPHERE.

LONG-TERM CARE AT SAINT BRIGID'S HOME



**SAINT BRIGID'S HAS BEEN
CARING FOR SENIORS IN QUEBEC
CITY SINCE 1856**

Saint Brigid's Home has been caring for seniors in Quebec City since 1856 and is the region's only fully bilingual public residential and long-term care centre (CHSLD). A beloved institution of the City's English-speaking community, Saint Brigid's Home boasts 142 beds in private rooms, 11 beds for residents with dementia-related behavior disorders, and beautiful grounds with walking paths, gardens and a patio.

Reflecting Inner Beauty

Saint Brigid's Home has been providing residents with access to a visiting hairdresser for years. However, without a dedicated area with specialized equipment, seniors were often forced to sit in a regular chair, making the work difficult

and awkward at times. Thanks to contributions from the Quebec City English-speaking Community Foundation (QCECF), Saint Brigid's Home was able to purchase a hairdressing chair, making the experience of getting a haircut that much more pleasant and comfortable for residents.

Homemaking

A feature unique to the corridors of Saint Brigid's Home are the warm and welcoming common areas on each residential floor, furnished by the Friends' Foundation in partnership with the QCECF. Each nook is filled with natural light, greenery, and homey amenities. These common areas encourage residents to spend time outside of

their room, reducing isolation.

Partnering with the Saint Brigid's Guild, the Friends' Foundation also had beautiful murals painted over the elevator doors and in the dining area on the third floor, turning blank walls into vibrant canvases.

Human Nature

The beautiful and calming atmosphere at Saint Brigid's Home is in no small part thanks to the presence of the natural world at every corner. Thanks to funding from the Saint Brigid's Guild in partnership with the Friends' Foundation, SBH is able to maintain a small aviary where residents can enjoy the company of birds. And like their peers at the Jeffery Hale Hospital, SBH residents also benefit from zootherapy and a wonderfully calming aquarium. The vast grounds, patio space, house plants, and Memory Garden also contribute to the green hue of Saint Brigid's Home, and the Friends' Foundation is proud to ensure this hue never fades.



PALLIATIVE CARE



In 2025-2026, 112 patients were welcomed into the Jeffrey Hale Palliative Care Unit. The Friends' Foundation, together with its partners the Hélène Mercier Fund and the QCESCF, strive to make the unit one where guests can live their final days to the fullest.

Since many palliative patients are confined to their beds, they are provided with specialized bedding to ensure they can rest in comfort. Several rooms have also been refurbished over the past two years to make them feel more like home.

Similar to the Jeffery Hale Hospital's long-term care residents, palliative care clients benefit from special services that promote relaxation and well-being. These include gift baskets for clients and their loved ones during visits, Dr. Clown services, zootherapy, massage therapy, and a peaceful aquarium.

**PALLIATIVE CARE CLIENTS BENEFIT
FROM SPECIAL SERVICES THAT
PROMOTE RELAXATION AND
WELL-BEING**

COMMUNITY SERVICES IN ENGLISH



Jeffery Hale Community Services (JHCS) offers a range of English language CLSC-type health and social services out of the Jeffery Hale Pavillion, and is the only establishment offering such services to Quebec City's English-speaking community. The Friends' Foundation is proud to support JHCS' work with the region's English-speaking population.

Day Centre Support

In partnership with the Saint Brigid's Guild, the Friends' Foundation supports activities for close to 100 seniors held at the region's various day centres in Quebec City, Saint-Gabriel-de-Valcartier and Portneuf. Musical activities are a staple, as engaging with music has been shown to have a positive impact on mood and stress levels.

With the Saint Brigid's Guild, the Friends' Foundation also provides funds to purchase gifts, meals, equipment, and organize activities that support and engage seniors.

OASIS

In partnership with the Quebec City English Speaking Community Foundation, the Friends' Foundation continued its financing of the OASIS project this year. The OASIS Project, delivered by Jeffery Hale Community Services in close partnership with JH Partners, supports English-speaking individuals receiving palliative care at home. Clients and their caregivers are provided personalized support tailored to each situation, including psychosocial support, volunteer support and referrals to community services.

EMPLOYEE RECOGNITION

The Friends' Foundation and the Quebec City English-speaking Community Foundation was proud to continue recognizing the 764 wonderful, hard-working employees of Jeffery Hale – Saint Brigid's this year. The Friends' Foundation reaches out directly to managers and team leaders to find the best ways to recognize their teams. For some teams, this might be creating t-shirts to build team spirit. For others, it's a group meal so that colleagues can connect and enjoy each other's company.



REFUGEE CLINIC

Canada grants protection to approximately 24,000 refugees each year. Of this number, 2,000 settle in Quebec, and about 500 of them are welcomed in the Quebec City region. In fact, our region is the primary destination for government-sponsored refugees.

To help the region's refugee population adapt to their new life in Quebec City, the Refugee Clinic offered out of the Jeffery Hale Hospital provides them with access to healthcare and other helpful services. Every year, the Friends' Foundation allocates money to the clinic's emergency fund. This fund allows the clinic to supply refugees and their families with emergency financial support to purchase basic necessities like food and diapers.

**OUR REGION IS THE PRIMARY
DESTINATION FOR GOVERNMENT-
SPONSORED REFUGEES.**



MOVING FORWARD



50/50 Raffle

This past year, the Friends' Foundation undertook its first fundraising activity since COVID-19. While many of our regular supporters continued to do so, we were pleased to see many new faces among those who participated, representing some newfound growth in our donor-base. Overall, we sold over 1500 tickets to close to 300 participants, reaching a total lot of almost \$10,000.

We're excited to take what we learned this year into the next, and will be continuing the project in 2026-2027. We're hoping to raise at least \$15,000, all in support of Jeffery Hale – Saint Brigid's establishments.



November Donor Event

On November 6th, the Friends' Foundation hosted an event at the Distellerie Arsenal in recognition of our incredible partners, donors, and supporters. More than 30 people attended, including managers from JHSB. We were able to connect with our donors and project leaders, our donors got to meet the wonderful people working in the community, and the managers were able to connect directly with those funding the projects they carry out.

It was inspiring to see so many passionate, hard-working community members gathered in one place and we're looking forward to hosting more events like this in the future!



Fall Fest

The Friends' Foundation was proud to attend the Voice of English-speaking Quebec's Fall Fest in 2025 to promote its work in the community and sell tickets to its inaugural 50/50 raffle. Quebec City's English-speaking community is diverse, tight-knit and vibrant, and it was an absolute pleasure to take part in this celebration.

**THE FRIENDS' FOUNDATION CONTINUED
ITS GROWTH AS AN ORGANIZATION IN
2025-2026 WITH NEW FUNDRAISING
AND OUTREACH INITIATIVES.**

DONORS & PARTNERS

Thank you to every donor who lent their support to the Jeffery Hale - Saint Brigid's Friends' Foundation this year. Your contributions, big and small, allow us to continue our work year after year.



The Hélène Mercier Fund



35
ANS / YEARS!

Partenaires JH
Une communauté de soins,
inspirée par Jeffery Hale

JH Partners
A community of care,
inspired by Jeffery Hale



FINANCIALS

REVENUES

For the year ended March 31

STATEMENT OF OPERATIONS	2026	2025
Donations	178 018 \$	166 412 \$
Other products	3 360	970
Other gains	213 523	112 282
Total products and gains	394 901	279 664
EXPENSES		
Administration	112 479	84 590
DONATIONS AWARDED		
Hôpital Jeffery Hale - Saint Brigid's	197 399	182 256
RESULTS	85 023 \$	12 818 \$

BALANCE SHEET

March 31, 2026

ASSETS	2026	2025
Short term		
Cash	108 094 \$	34 288 \$
Accounts Receivable	25 203	27 306
Prepaid Expenses	3 982	
Investments	1 187 292	1 027 073
Fixed Assets	1 392	1 751
Total Assets	1 325 963 \$	1 090 418 \$
LIABILITIES		
Short term		
Accounts Payable	72 006 \$	71 245
Deferred Contributions	323 690	173 929
Total liabilities	395 696	245 174
NET ASSETS	930 267	845 244
TOTAL LIABILITIES AND NET ASSETS	1 325 963 \$	1 090 418 \$

Excerpt from the financial statements issued by MNP following a review of engagement and adopted by the Foundation's general meeting

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